



*You have the  
right to be safe and  
to be free from violence and abuse*

Your **24/7** state-wide family violence  
response centre for intervention,  
support and advocacy

For confidential support & information call toll free

**1800 015 188**



## What is family violence?

- Physical or sexual abuse
- Emotional or psychological abuse
- Economic abuse like with-holding money or family resources
- Threats or coercion
- Isolating you from family & friends
- Harming things you love such as pets, personal belongings
- Controlling or dominating you, causing you to fear for your safety or the wellbeing of another person
- Causing your child to hear, witness, or otherwise be exposed to the effects of violence

*“Everyone has the right to live  
free from violence,  
fear and intimidation”*



## Family violence:

- Is mainly committed by men against women, children and other vulnerable people including the elderly
- Can happen to anyone
- Affects children and can impact their physical, psychological and emotional well-being
- Affects the entire community regardless of location, socioeconomic and health status, age, culture, sexual identity, ability, ethnicity or religion
- Is more damaging to the health of women 15 – 45 than any other well known risk factors



## safe steps can assist you:

- To make decisions for a safer future
- With emergency accommodation or refuge
- In finding new and safe accommodation
- With information about your rights, entitlements & options
- To leave your home (even temporarily) until the abuser can be held to account
- To stay safe in your own home, with your children while the abuser is required by law to leave
- Through advocacy with other support services, the police and criminal justice systems
- By putting you in touch with local support agencies state-wide
- With telephone support & information for non-offending family members and friends

*"Making that call,  
speaking to another woman,  
who listened and understood,  
made me feel like I wasn't alone...  
that there is help out there...  
that you don't have to handle this  
on your own"*





Our services:

- 24/7 family violence response line
- Risk assessment
- Emergency accommodation
- Safety planning
- Support
- Information
- Advocacy
- Referral
- Translator services available

*Family violence workers are professionally trained  
women supporting women*

**For further information visit  
[safesteps.org.au](https://safesteps.org.au)**

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